



INTERNATIONAL
GUIDELINES
FOR RESPONSIBLE
DIVER

MIONGOZO YA KIMATAIFA KWA WAZAMIAJI WANAO WAJIBIKA

When adventure calls ! Become the diving ambassadors
of the Third Millennium...

Albert Falco

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Ex honorary president of Longitude 181

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President of LONGITUDE 181





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« Dear Diver,

You are going to visit beautiful coral reefs, rub shoulders with sharks, meet whales, and discover the Ocean universe.

To do this you are going to spend a few days in a country where fishermen, farmers and tradesmen live all year round. Their traditions are different from yours. The natural resources on which they survive are often in short supply. Fresh water, in particular, is rare and priceless.

The life of the country is not just the hotel you are staying at, however pleasant. Why not use your spare time between dives to meet the locals and listen to their stories? You may be astonished by their cultural heritage and hospitality.

Your purchasing power is, very often, much higher than theirs. Do not push them to damage the sea and, in the long run, impoverish the fishermen by buying sad souvenirs like shark teeth, shells, corals and tortoiseshells. Firmly refuse shark fin and tortoise soups, scandalously raped from the sea. These animals could disappear.

Under the water, you will be visiting a living, splendid but fragile world. Collisions and shocks crush and kill the fixed animals which do such much to enchant the seascapes you came to admire. All disturbances can frighten fish which protect their eggs, leaving their fry for the predators. Please do not feed the fish as this disturbs the balance between species and changes their natural behavior.

You will expect to find all the treasures of the wild marine universe as wonderful in the future as during your visit today. You would like to share these joys with your friends and your children, so be curious about everything but remain discrete and attentive and watch out for clumsiness ! Your behavior today will ensure that future generations of divers can enjoy this marvelous world and the thrills of meeting sharks and whales in an underwater adventure as colorful as yours.»

François Sarano
Founder of LONGITUDE 181



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Hii ni miongozo nasio orodha ya vikwazo

Tumia miongozo kwa tukio na tukio, kutokana na kwamba sehemu za kuzamia na hali hubadilika kutoka sehemu moja kwenda nyingine. Wazo ni kuwapata watu waweze kufikilia namana ya kuboresha hali ya kupiga mbizi, kulinda na kuweka usalama wa haki katika kugawana hazina ya bahari

1 – Andaa safari yako

sio mawalaka wote wa usafirishaji na vituo vya uzamiaji wanatoa huduma sawa au zinazofanana. Baadhi wana jaribu kulinda mazingira. Hii inaweza kuwagarimu wao pesa na kufanya safari yako kuwa ya gharama zaidi lakini pamoja tutaweza kuchangia uhifadhi endelevu wa sayari yetu.

- **Chagua wakala** wa usafirishaji ambaye amekubali kuheshimu miongozo ya maadili
- **Pendelea vituo** vya uzamiaji vinavyowajibika ambayo vinahusika katika kulinda maizngira ya Bahari
- **Tambua kuhusu ecolojian** ya Bahari ambayo unategemea kuitembela...



2 – Kabla ya kuzamia

- **Jifunze** mwenyewe kusimamia uwezo wako wa kuelea vizuri majini, Mapafu-Mawe ya uzito, jaketi lenye uzito, mawe yaliyo boreshwa na mengineyo mengi
- **Chunguza kuhusu** sehemu unayo takiwa kuzamia kabla hujaenda kuzamia , utafurahia kuzamia zaidi
- **Uliza kituo chako** cha kuzamia kukupatia taarifa kuhusu ecolojia ya sehemu husika utakayo zamia
- **Uliza kuhusu orodha** ya viumbe wanao tishiwa kupotea na kanuni zinazo husika
- **uliza kituo** kinachotoa huduma ya uzamiaji kinafanya nini katika kulinda bahari na ecolijia ya bahari



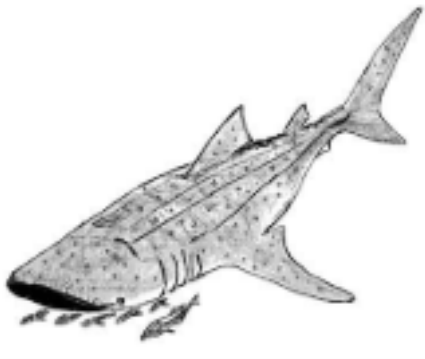
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3 – Kwenye boti

- Usitupe chochote nje ya Boti
- Kataa matumizi ya plastiki na vikombe vya plastiki vinavyo chukua muda kuoza
- Ulizia vifaa vya kutupia uchafu ukiwa Baharini au ukiludi Baharini
- Ambatanisha vizuri kifaa vya ziada cha kuvutia hewa na kifaa cha kusomea idadi ya hewa uliyonayo vizuri
- Tumia mapenzi mafupi

4 – Ni mda gani kuzamia

- Mara tu unapo ingia kwenye maji angalia uzito wako
- Tumia mapezi yako taratibu
- Epuka kugusana na mimea na wanyama wasio tembea kwa haraka
- Usi chukue kitu chochote baharini zaidi ya picha.
- Usi wasumbue wanyama/ viumbe wa Baharini



- Usi walishe samaki

5 – Baada ya kuzamia

- Tunza maji safi vile iwezekanavyo
- ulizia vifaa maalum vilivyo tengenezwa kwaajiri ya kukusaidia kutumia maji vizuri



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6 – Kipindi cha likizo

- **Usinunue zawadi zinazo tokana** na viumbe wa baharini ,meno ya papa, gamba la kasa na aina ya nyota baharibi na wenye magamba
- **Epuka migahawa inayo** toa huduma ya supu ya mapezi ya samaki jamii ya dolfini na samaki walio vuliwa kwa njia isiyo ya halali
- **Uliza mgahawa unaoenda** chakula cha baharini wanacho kushauri kinavuliwaje

